**Deutsches Resilienz-Zentrum Mainz** (DRZ)

Johannes Gutenberg University Mainz, Germany



**Neuroimaging Center, NIC** 

#### **Beat Lutz**

**Institute for Physiological Chemistry** 

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Registration deadline: Sep 21, 2015





Thu Oct 1 Fri Oct 2 2015

Fri Oct 2 Latest developments in human resilience research

prospective studies, large cohorts, genomics, behavior and imaging





Thu Oct 1 Fri Oct 2 **2015** 

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# **PROGRAM**

# Thursday, Oct 1

13:30 Welcome

13:40 Marco Boks

Department of Psychiatry, University Medical Center Utrecht, Netherlands

DNA methylation marks of stress resilience: Utility for etiological research and biomarker development

14:40 Tanja Jovanovic

Department of Psychiatry and Behavioral Sciences, Emory University, Atlanta, USA

Resilience in the aftermath of chronic civilian trauma:

Is brain-related inhibitory control protective?

15:40 Coffee break

16:00 Susann Steudte-Schmiedgen

Department of Psychology, Technical University Dresden, Germany

Cortisol as a potential resilience factor

16:30 Raffael Kalisch

Neuroimaging Center, University Medical Center Mainz, Germany

Testing neuro-cognitive mechanisms of resilience in a prospective-longitudinal design

17:00 - 17:30 Discussion

# Friday,

Oct 2

9:30 Talma Hendler

Sagol School of Neuroscience, Tel Aviv University, Israel Titel tha

10:30 Birgit Kleim

Psychological Institute, University of Zürich, Switzerland

**Titel tba** 

11:30 Lunch break

13:15 Eddie Brummelman

Research Institute of Child Development and Education, University of Amsterdam, Netherlands Brief psychological interventions to cultivate resilience

13:45 Michèle Wessa

Institute of Psychology, Johannes Gutenberg University Mainz, Germany

Towards preventionTitel tba

14:15 - 15:00 Closing discussion



## **LOCATION**

Institute for Molecular Biology (IMB) on Mainz University campus,
Ackermannweg 4,
55128 Mainz, Germany



#### **HOW TO GET THERE**

## By public transport

From Mainz central station (bus bay F on square), take bus 69 (campus line), exit Duesbergweg (10 min)

### By taxi

Tell driver to drop you at access Koblenzer Straße (red arrows on map)

### By car

Use parking lots outside campus area, see: www.uni-mainz.de/eng/118.php